



2019 MATERNAL & CHILD HEALTH

The first months of life lay the groundwork for a child's entire future – physically, cognitively, and emotionally. As every new parent discovers, nurturing and tending to a baby also demands a great deal of effort in each of those areas. From sleep deprivation to anxiety about your child's development, the early stages of raising a family are challenging under the best of circumstances. For parents facing their own health issues, and those who never experienced a positive parenting role model, the stress of raising a family can quickly become overwhelming.

Family support programs help parents handle issues that can diminish their ability to provide adequate care. Home visitors give new moms and dads the tools they need to foster positive growth for every member of the family, like health screenings and referrals to education about early childhood milestones.

Enriching relationships at heart and home

A healthy mother is more capable of providing for her child's many needs.

HEALTHY CAREGIVER



80%

caregivers that screened positive using a depression screener were referred to or already receiving services

96%

children received their recommended well-child visits



HEALTHY CHILDREN

INSURED

Supporting the health of families



93%

of primary caregivers are insured



98%

of children are insured

Raising RESILIENT IOWA FAMILIES

Information on this report is based on FY19 FSSD, MIECHV, and other statewide family support data. For more information please visit the following links:

For the full 2019 Technical Report, [go to this link](#).

For the full 2018 Technical Report, [go to this link](#).

For the full 2017 Technical Report, [go to this link](#).

