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## IOWA FAMILY SUPPORT IMPACT PROJECT TECHNICAL REPORT

### IOWA FAMILY SUPPORT PROGRAMS

Data for the Iowa Family Support programs Impact project were collected from DAISEY (a data management system) for all Early Childhood Iowa funded support programs, Iowa Department of Education Shared Vision Parent Support programs, Iowa Department of Human Services Child Abuse Prevention home visiting and parent education programming, ICAPP/CBCAP IDPH HOPES Healthy Families Iowa programs, and the Iowa Department of Public Health (IDPH) funded Maternal and Infant, Early Childhood Home Visiting (MIECHV) programs. Additional data were provided outside of DAISEY by Early Head Start (EHS) home-based services. This report characterizes data collected over a 12-month period representing Fiscal Year 2017 for state and federally funded family support programs. The fiscal year for state programs extends from July 1, 2016 through June 30, 2017 and October 1, 2016 through September 30, 2017 for IDPH funded MIECHV programs.

Data provided by ICAPP/CBCAP (group parent education and home visitation programs) and EHS includes the total number of home visits, families, and children served in their program for the 2016-2017 reporting year. The report does not produce an unduplicated count of children and families because funding is frequently braided to support the cost of the family support service. Calculations are based on those assessments or fields that were completed in DAISEY.

### WHAT IS FAMILY SUPPORT?

Iowa has been in the forefront of supporting and empowering parents in their most important role of raising the next generation of Iowans since 1989. Service delivery is intended to reach all communities across the state by providing home visiting in every Iowa county. Family support programs in Iowa are voluntary and include group-based parent education or home visiting programs that are designed to strengthen protective factors, including parenting skills, increasing parental knowledge of child development, and increasing family functioning and problem solving skills. Family support professionals screen children's development at regular intervals to ensure that they are meeting developmental milestones. They also assist families with referrals to other helpful resources. Iowa's home visiting programs target new or expecting parents with risk factors such as low income, low educational attainment or other situations that put stress on the family. Group-based parent education programs are typically open to any parent with a young child to attend.

## INDICATORS AND DATA

### REACH

#### Service

- Home visits: 134,738
- Families Served: 14,186
- Children Served: 19,097
- 33% of Families enrolled Prenatally (3,300/10,101)

#### Demographics

##### Race

- White (79% 7,911/10,033)
- Black or African American (12% 1,166/10033)
- Asian (7% 692/10,033)
- Other (2% 145/10,033)
- .5% of families identified as American Indian, Alaska Native, Native Hawaiian or Other Pacific Islander (55/10,033)
- .6% of families were missing Race (64/10,033)

##### Ethnicity

- Not Hispanic or Latino (84% 8,465/10,101)
- Hispanic or Latino (16% 1,636/10,101)

## MATERNAL AND CHILD HEALTH

#### Maternal Depression Outlook:

- 78% of caregivers that screen positive using the Edinburg Postnatal Depression Scale were referred to or were already receiving services (228/292)

#### Healthy Children:

- 89% of children received their recommended well-child visit based on the American Academy of Pediatrics schedule (745/840)

#### Access to Healthcare:

- 93% of Caregivers were insured (822/885)
- 99% of Children were insured (818/823)

## SCHOOL READINESS

#### Early Literacy:

- 77% of families report they read, tell stories, and/or sing songs with their children every day during a typical week (650/841)

#### Early Intervention:

- 58% of age eligible children were screened for developmental delays using the ASQ screening tool (6839/11852)
- 66% of children that screened positive for delays received referrals or were already enrolled in services (758/1151)
- 85% of caregivers were asked if they have any concerns about their child's developmental, behavior, or learning during home visits (9947/11644)

## STRONG FAMILIES

#### Prevention:

- 88% of families reported to have improved or maintained family functioning using the Life Skills Progression (LSP) and Protective Factors Survey (PFS) (4258/4843)
- 84% of families reported to have improved or maintained social supports (4083/4843)
- 67% of families reported to have improved concrete supports (3248/4843)

#### Safety:

- 8% of families reported that their children had an injury related visit to the ER (65/843)
- 86% of Primary Caregivers were screened for interpersonal violence (234/274)
- 90% of caregivers who screened positive for interpersonal violence received a referral for services (26/29)